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# **Raw Food Diet - The Co Relation With Love And Consciousness**

Everybody is aware of that Mum's home-cooked meals style better. Why? Besides the fresher ingredients, the care for hygienic measures, there is an ingredient known as "love".

"Love" is an intangible and but unmistakable ingredient which is lacking in all our commercially accessible food products.

There is an entire world of difference between eating commercially processed meals produced by machines, and raw organic produces cultivated with care and love for Earth.

We all know that on account of commercialization and profit-maximization, the quality of produces have deteriorated tremendously.

Right on the bottom of the food chain, we've got the corn industry, which feeds the cattle industry. With the inflated Big Buck Brother Oil, what number of farmers can choose to feed their cattle with high quality organic corn?

There had been information of farmers whom, in their efforts to shorten development processes, resorted to unspeakable farming methods.

Not only did this accumulate unfavorable vibration within the animals, but additionally bring forth hygienic concerns.

The dairy industry, which uses products from the cattle business (and subsequently inherits all of the associated factors) is one other huge interest today.

Eating clean, organic foods is similar to eating Mum's cooking. These produces are cultivated without harsh chemicals, caring for Earth and principally - "love".

"Love" for both the environment, and the crops itself. It has been long recognized that vegetation are alive they usually resonate to human contact. Plants flourish with Tender Loving Care.

In organic farming, extra effort and care are required - mainly as a result of man had achieved some pretty dangerous damages to the bottom over the years.

Only the true crop farmer will know that our ground is now not like what it used to be. It has become harder for crops to flourish.

All organic farmers know the pain of dropping crops due to soil infertility, pests invasion and natural calamities.

Organic farmers want their crops to live! Every natural farmer needs for its crops to reside and flourish, a lot so that it appears almost like a silent prayer.

So how does raw and living foods fit into this?

Making use of solely clean, unprocessed natural ingredients, uncooked vegans concoct every kind of gourmand dishes.

In their attempts to "beat" standard processed meals laden with additives and all the harmful stuffs, they put additional heart into planning the details for flavors, textures, colours and presentations.

Having cherished ones, friends and family to enjoy the food together is priceless. Nothing rewards the raw vegan chef greater than appreciating looks of satisfaction on their eaters' faces!

Lots and many "love" are put into designing raw food. It's like an art, and who knows, maybe this could be a subject in school after 10 years!

Minus the detrimental vibrations, components and preservatives, add in "life" from freshness and "love" from Consciousness, we have a "Super-Food"!

Have you had the prospect to eat 1 uncooked meal right this moment yet? Let me know should you did, so we can start leaping in pleasure :)

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