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Have you noticed that our skin has such a construction that it can easily adapt to the new changes. For instance, while pregnancy our belly can expand, each kid grows and becomes adult person. In other words, our skin is designed to be elastic in order to take all necessary changes. The situation is the same like with the pair of pants that have an elastic waistband where the fit is flexible and can match sizes. But when the waistband of the trousers is stretched to the maximum size, then it would be hard to try it on. Within age these pants are getting older and worn-out and the elastic finally will not fit to the thinner person, as the size itself has become too big. What people usually do in such occurrences? Actually, they take the needle and the thread and start making it smaller cutting the unnecessary parts. Frankly speaking, the situation is the same with our skin, when the person was obese and when he or she has shed weight, the skin also does not fit him or her any longer. In order to improve the situation, we must also take the needle. So, such process is called abdominoplasty which insists in the fact that an excess flesh is removed from the abdominal parts of the body for the cosmetic purposes with the help of the surgical operation. There are such events like pregnancy and weight gain when our skin is getting stretched to the maximum size. Remarkably, after giving a berth to a child, the woman has lots of skin sagging on the belly. Well, these are the cases that can be easily solved through surgery. Thanks to the medicine, this is not a problem and the person can easily have the previous size that she has before the pregnancy, for example.

Interestingly, not only the skin tends to be stretched out, but also the inner girdle area of stomach muscles and the connective tissue which is widely known as the fascia. Speaking about the girdle, it is the part of the body that in reality holds all our organs together. The phenomenon of belly that appears, for instance, after pregnancy is the part of the taut skin and an inner girdle. The part of the body that the surgeon is interested in is the area between the pubic bone and the navel. Of course, after the operation our belly button needs to be repositioned. Remarkably, there is also such a procedure as the liposuction which can be performed together with the tummy tuck with the intention of getting rid of the inner fat deposits. I must admit that this procedure is more popular among the people. Moreover, the number of those who wish to have the perfect appearance is getting every day bigger and bigger.

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